

TRAUMA INFORMED CARE WELCOME LETTER

Trauma Informed Care: Time for Organizational Change (TIC-TOC)

TIC TIP OF THE MONTH

Did you know that over 55% of all people have experienced a traumatic event?

That means that half of all people have experienced a traumatic event and have had to go through their own recovery process. The percent of people with traumatic experiences increases exponentially with those who are in mental health services reporting that 90% have had a traumatic experience (Muskett, 2013).



Trauma Informed Care (TIC) is an approach to dealing with the complexities and often difficult issues that individuals struggle with in their daily lives (Muskett, 2013; Fallot & Harris, 2011; Bath, 2008).

WHAT IS TRAUMA INFORMED CARE (TIC)?

Trauma Informed Care (TIC) is thoroughly incorporating, in all aspects of service delivery, an understanding of the prevalence and impact of trauma and the complex paths to healing and recovery (Fallot & Harris, 2009:2011). This involves understanding, anticipating, and responding to the issues, expectations, and special needs that a person who has been victimized may have in a particular setting (Moses, Reed, & Mazelis, 2003). Trauma Informed Care is designed to assist in the diagnosis and recovery of trauma, as well as assuring that additional traumatization does not occur to clients/patients while under services.

Q: How Does TIC Affect My Work?

A: No matter what position you hold, you will come into contact with individuals who have had trauma related experiences in the past. Your response to their trauma at the time makes a difference in their current recovery, as well as on the effect of traumatization and support that they feel related to their trauma.

Q: Does TIC Apply Only to Clients?

A: No, TIC applies to all people that you will interact with, including coworkers, friends, family, and all others you may not know. Aside from being best practice, TIC is also a theory of human interaction that highlights the importance of treating others with respect, caring, and understanding.

The need for trauma informed care and practices stems from the very nature of trauma, which is pervasive, life shaping, and often self-perpetuating (Fallot & Harris, 2011).

How Will Pecan Valley Centers Implement TIC-TOC?

Pecan Valley Centers will be implementing newsletters, clinic trainings, and trauma informed signage around the workplace. TIC-TOC will be designed and implemented by the TIC Team at Pecan Valley Centers. Be on the lookout for these changes and how they will affect you, co-workers and clients.

Want to learn more about TIC-TOC?

Click the link [HERE](#),
or Scan the QR Code

